

PE: Reading for Pleasure

KS3

101 Youth Rugby Drills by Chris Sheryn
20th Century Sport by Andrew Langley
All Goalies Are Crazy by Rob Childs
Awesome Attacking by Michael Coleman
Back of the Net by John Goodwin
Fox Tossing, Octopus Wrestling and Other Forgotten Sports by Edward Brooke-Hitching
Know the Game – Series of books about various sports
Free Throw by Eric Stevens
Gary Lineker's Favourite Football Stories by Assorted Authors
Half Pipe Prize by Eric Stevens
Result! by Neil Arskey
Sports and Games by Maxwell L Howell
The Science Behind Football, Volleyball, Cycling and Other Popular Sports by Stephanie Watson
War Games by Terry Deary

KS4

Addicted by Tony Adams
Ahead of the Game: How to Use Your Mind to Win in Sport by Jeremy Lazarus
Ali: a Life by Jonathan Eig
Beware of the Dog by Brain Moore
Fever Pitch by Nick Hornby
In These Girls, Hope is a Muscle by Madeleine Blais
Open by Andre Agassi
Sport Psychology: A Complete Introduction by Dr John Perry
The Champions Mind – How Great Athletes Think, Train and Thrive by Jim Afremow
The Damned United by David Peace
The Death of Ayrton Senna by Richard Williams
The Sports Gene: Talent, Practice and the Truth About Success by David Epstein
Women in Sport: Fifty Fearless Athletes Who Played to Win by Rachel Ignatofsky