

Curriculum Overview Learning for Life Alec Hunter 2022-2023

The curriculum is built around 6 core themes:

Core Theme 1: Rights, responsibilities and British Values	Core Theme 2: Celebrating diversity and equality	Core Theme 3: Relationships and sex education	Core Theme 4: Staying safe online and offline	Core Theme 5: Health and wellbeing	Core Theme 6: Life beyond school
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Year		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	Core Theme	Core Theme 6: Life beyond school	Core Theme 5: Health and wellbeing	Core Theme 3: Relationships and sex education	Core Theme 4: Staying safe online and offline	Core Theme 2: Celebrating diversity and equality	Core Theme 1: Rights, Responsibilities and British Values
	Unit Title	Managing Change	Puberty and Body Development	Friendships, respect and relationships	Staying safe Online and Offline	Celebrating Differences	Politics, Parliament and Me
	Lesson 1	Intro to Year 7 Lesson	Intro to puberty SH - T8	Consent and boundaries RSE - T4	Avoiding Gangs Laws	Multicultural Britain CIT	Why is politics important? CIT, BV
	Lesson 2	Getting to know people GB	Puberty (girls focus) SH - T8	Respect and relationships RSE - T2	Staying safe online SH - T2	What is your identity? BV, CIT, RSE - T2	How is our country run CIT, GB, BV
	Lesson 3	What is community? BV	Puberty (boys focus) SH - T8	What makes a good friend SH - T1 & RSE - T2	Fortnite, Grooming & online gaming SH - T2	Nature vs Nurture CIT	Create a political party CIT
	Lesson 4	Careers and your future GB	Personal hygiene, inc. oral hygiene SH - T6	Friendships and managing them RSE - T1	What is alcohol? SH - T5	Equality Act 2010 BV, CIT, RSE - T2	Elections and campaigning CIT
	Lesson 5	Sleep and relaxation	Growing up and FGM SH - T8, RSE	Being positive & self esteem RSE - T2	What is smoking? SH - T5	Breaking down stereotypes BV, CIT, RSE - T2	Politics and Debating CIT, BV
	Lesson 6	Financial Education GB	Assertiveness, consent and hormones SH - T8	Pressure & influence RSE - T1	E-Cigs and vaping SH - T5	Prejudice and discrimination BV, CIT, RSE - T2	Exploring inside Parliament CIT, BV
Lesson 7	Transition points and your life GB	Self esteem and empowerment GB, SH - T8	What does it mean to be a man?	Energy drinks (carrying a knife) RSE, SH - T5	Challenging Islamophobia CIT, RSE - T2	Who is the new Prime Minister CIT, BV	

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	Unit Title	Proud to be Me!	Dangerous Society Online and Offline	Identity, relationships and sex education	Physical Health and Mental wellbeing	LGBTQ+ Explored	Law, crime and Society
	Lesson 1	Intro to Year 8 Lesson	County Lines - what is it?	Introduction to relationships and sex education RSE - T3	Health and wellbeing SH - T1	LGBTQ+ what is it?	Desert Island Living CIT
	Lesson 2	Employability Skills GB	County Lines - who is at risk?	Healthy relationships RSE - T6	What is mental health? SH - T1	LGBTQ+ homophobia in schools	Building a community CIT, GB, BV
	Lesson 3	Proud to be me and career choices GB	Substance misuse SH - T5	Dealing with conflict	Positive body image SH - T2, RSE - T3	Supporting those that are LGBTQ+ BV	Making decisions and making priorities CIT
	Lesson 4	Career interests and jobs	Online safety - cyber bullying SH - 2, RSE - T1	Sexual Orientation RSE - T1	Child Abuse RSE - T2	Challenging homophobia BV	Criminals, laws and society CIT, BV
	Lesson 5	Self esteem and the media	Grooming boys and girls SH - 2, RSE - T1	Gender Identity RSE - T1	Types of bullying RSE - T2	Transphobia	Law making in the UK CIT, BV
	Lesson 6	Labour Market information GB	Drugs education - alcohol safety SH - T5	Intorduction to contraception RSE - T6	Healthy eating and cholesterol SH - T4	Coming Out	Prisons Reform and Punishment CIT
	Lesson 7	Exploring Careers GB	Child exploitation and online protection SH - 2, RSE - T1	What is love (periods and menstrual cycle) SH - T8	Stress Management 1 SH - T1		

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	Unit Title	Essential Life Skills	Body Confidence	Sex, the Law and Consent	Contraception and STIs	Legal and Illegal Drugs	Combatting Extremeism and Terrorism
	Lesson 1	Intro to Year 9 Lesson	Self esteem changes SH - T1	Sexual consent and the law RSE - T4	STI lesson RSE - T6	Introduction to drugs SH - T5	Conspiracies & Extremist narratives CIT
	Lesson 2	From Failure to Success GB	What is a penis? SH - T8	FGM and the law RSE - T4	Contraception available RSE - T6	Different types of addictions SH - T5	Extremeism in all its forms CIT
	Lesson 3	First Aid lesson SH - T7	What is a vulva? SH - T8	Delaying sexual activity RSE - T6	The condom Lesson RSE - T6	Cannabis products SH - T5	What is Terrorism? CIT
	Lesson 4	Importance of Happiness SH - T1	HBT - Bullying in all its forms	Why have sex? RSE - T6	Exploring the realities of Contraception RSE - T6	Drug classifications SH - T5	Proud to be British CIT, BV
	Lesson 5	What is Anger?	Dealing with Grief and loss	Relationships and partners RSE - T6	Sexual Harrassment & stalking RSE - T6	Party' drugs - the dangerous side SH - T5	The radicalisation process CIT
	Lesson 6	Saving and managing money GB	Media and Airbrushing SH - T2, RSE - T3	Pleasure and masturbation RSE - T6	HIV and AIDS RSE - T6	Exploring illegal drugs & effects SH - T5	Counter terrorism CIT
	Lesson 7	Employment and financial management GB	Cancer prevention & health lifestyles SH - T6	What are STIs? RSE - T6	AIDS - Prejudice and discrimination RSE - T6	Volatile Substance Abuse SH - T5	Anti-semitism CIT
Lesson 8	Socia Media and online stress SH - T2						

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	Unit Title	Rights & Responsibilities	Mental Health and wellbeing	Exploring relationships and Sex Education	Violence, Crimes and Seeking Safety	Exploring World issues	Exploring British Values
	Lesson 1	Intro to Year 10 Lesson	Mental Health & Wellbeing SH - T1	Porn life vs Real life SH - T2, RSE - T3	Online gambling SH - T2	Peace, war and conflict CIT	LGBT rights & British Values BV, CIT
	Lesson 2	Employment rights CV writing GB, FE	Promoting Emotional Wellbeing SH - T1	Porn materials and attitudes RSE - T6	Keeping data safe SH - T2, RSE - T3	#Metoo movement CIT	What are Human Rights and Exploring Human Rights BV, CIT
	Lesson 3	Interview Techniques FE	Child Abuse (CSE) RSE - T2	Sexting nudes and dick pics SH - T2, RSE - T3	Modern day slavery CIT	Times Up Movement and gender equality CIT	Exploring British Values BV, CIT
Lesson 4	Virtual Work Experience	Screen time & Mobile Use SH - T2				Critical Thinking & fake news BV, CIT	

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	Unit Title	Your Future and Beyond	Adult Health and Looking after yourself	Sexual Health	Staying Safe		
	Lesson 1	Intro to Year 11 Lesson	Testicular & Prostate Cancer and Cervical, breast & Ovarian Cancer SH - T6	Respect and relationships	Online reputation SH - T2		
	Lesson 2	Further and Higher Education FE	Teenage pregnancy choices and Abortion (morals, laws & thoughts) RSE - T6	Revisiting STI's SH - T8	War on drugs SH - T5		
	Lesson 3	Writing a Personal Statement GB	Parenthood and Love & Abuse are not the same thing RSE - T6	Revisiting Contraception RSE - T6	New Psychoactive substances and Festivals & Drugs SH - T5		
	Lesson 4	Apprenticeships & UCAS FE		Fertility and what impacts it RSE - T6	Virtual Reality and live streaming SH - T2		