

Curriculum Overview Learning for Life Alec Hunter 2024-2025

The curriculum is built around 6 core themes:

Core Theme 1: Rights, responsibilities and British Values	Core Theme 2: Celebrating diversity and equality	Core Theme 3: Relationships and sex education	Core Theme 4: Staying safe online and offline	Core Theme 5: Health and wellbeing	Core Theme 6: Life beyond school
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Year		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	Core Theme	Core Theme 6: Life beyond school	Core Theme 5: Health and wellbeing	Core Theme 3: Relationships and sex education	Core Theme 4: Staying safe online and offline	Core Theme 2: Celebrating diversity and equality	Core Theme 1: Rights, Responsibilities and British Values
	Unit Title	Managing Change	Puberty and Body Development	Friendships, respect and relationships	Staying safe Online and Offline	Celebrating Differences	Politics, Parliament and Me
	Lesson 1	What is Learning for Life	Intro to puberty SH - T8	Consent and boundaries RSE - T4	Avoiding Gangs & criminal behaviour Laws	What is your identity? BV, CIT, RSE - T2	Why is politics important? CIT, BV
	Lesson 2	Getting to know people GB	Puberty SH - T8	Respect and relationships RSE - T2	Staying safe online SH - T2	Multicultural Britain CIT	How is our country run CIT, GB, BV
	Lesson 3	What is a community? BV	Puberty SH - T8	What makes a good friend SH - T1 & RSE - T2	Online gaming, grooming & addiction SH - T2	Importance of being kind CIT	Role of the Prime Minister CIT, BV
	Lesson 4	Careers and your future GB	Personal hygiene SH - T6	Friendships and online relationships RSE - T1	Alcohol and risk SH - T5	Breaking down stereotypes BV, CIT, RSE - T2	The Monarchy & King Charles III CIT, BV
	Lesson 5	Sleep and relaxation SH - T6	Growing up SH - T8, RSE	Being positive RSE - T2	Nicotine & smoking SH - T5	Learning Disabilities - Inclusivity BV, CIT, RSE - T2	Politics and Debating CIT, BV
	Lesson 6	Financial Education GB	Self esteem GB, SH - T8	Pressure, influence & Friends RSE - T1	E-Cigs and vaping SH - T5	Prejudice and discrimination BV, CIT, RSE - T2	Elections and campaigning CIT
Lesson 7	Transition points in your life GB	Tooth Decay and Dental Health SH - T8	What does it mean to be a person today? CIT	Energy drinks & caffeine Bonus: Knife crime & safety RSE, SH - T5	Challenging Discrimination CIT, RSE - T2	Exploring inside Parliament CIT, BV	

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	Unit Title	Proud to be Me!	Physical Health and Mental wellbeing	Identity, relationships and sex education	Dangerous Society Online and Offline	Law, crime and Society	LGBTQ+ Explored
	Lesson 1	Employability & Enterprise Skills GB	Health and wellbeing SH - T1	Relationships and sexual health education RSE - T3	County Lines - what is it?	Desert Island Living CIT	Equality Act 2010
	Lesson 2	Proud to be me GB	What is mental health? SH - T1	Being yourself and self-love RSE - T6	County Lines - who is at risk?	Building a community CIT, GB, BV	LGBTQ+ what is it?
	Lesson 3	Careers and aspirations Careers	Positive body image SH - T2, RSE - T3	Healthy respectful relationships RSE - T6	Substance misuse SH - T5	Making decisions CIT	LGBTQ+ rights across the world
	Lesson 4	Self esteem and the media SH	Peer on Peer Abuse RSE - T2	What is love? SH - T8	Cyber bullying SH - 2, RSE - T1	Criminals, laws and society CIT, BV	Gender Equality BV
	Lesson 5	The importance of happiness SH	Types of bullying RSE - T2	Dealing with conflict	Online Grooming SH - 2, RSE - T1	How are laws made CIT, BV	Ableism and Disability discrimination
	Lesson 6	What makes me angry SH	Healthy eating and cholesterol SH - T4	Introduction to contraception RSE - T6	Alcohol safety SH - T5	Prisons Reform and Punishment CIT	Removing the barriers, equality for all
Lesson 7	Exploring Careers GB	Stress Management 1 SH - T1	Realationships Explored RSE - T1	Child exploitation and online protection SH - 2, RSE - T1	Wrie Up	Racism and discrimination in society	

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Unit Title	Essential Life Skills	Body Confidence	Sex, the Law and Consent	Legal and Illegal Drugs	Contraception and STIs	Combatting Extremism and Terrorism
Lesson 1	From Failure to Success GB	How Self esteem changes SH - T1	Sexual consent and the law RSE - T4	What is a drug SH - T5	What are STIs? RSE - T6	Conspiracies, theories & narratives CIT
Lesson 2	Assertiveness	Anatomy 1 SH - T8	FGM and the law RSE - T4	Different types of addictions SH - T5	Treating STIs and the clinic	Forms of Extremism CIT
Lesson 3	First Aid lesson SH - T7	Anatomy 2 SH - T8	Relationships and partners RSE - T6	Cannabis products SH - T5	Contraception explored RSE - T6	What is Terrorism? CIT
Lesson 4	Saving and managing money GB	Bullying in all its forms	Domestic abuse & domestic violence	Drug classifications SH - T5	Contraception - condoms RSE - T6	War and conflict CIT
Lesson 5	Labour Market information	Dealing with Grief and loss	Why have intercourse? RSE - T6	Party' drugs and illegal drugs SH - T5	Contraception explored further RSE - T6	The radicalisation process CIT
Lesson 6	Careers	Media and Airbrushing SH - T2, RSE - T3	Delaying sexual activity RSE - T6	The war on drugs SH - T5	HIV and AIDS RSE - T6	How does Counter terrorism work CIT
Lesson 7	Social Media and online stress SH - T2	Cancer prevention & health lifestyles SH - T6	Sexual Harassment & stalking RSE - T6	Volatile Substance Abuse SH - T5	HIV & AIDS - Prejudice and discrimination RSE - T6	Anti-semitism in the UK CIT
Lesson 8						

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Unit Title		Rights & Responsibilities	Mental Health and wellbeing	Exploring relationships and Sex Education	Violence, Crimes and Seeking Safety	Exploring World issues	Exploring British Values

10	Lesson 1	Employment rights CV writing GB, FE	Exploring form of Abuse (CSE) RSE - T2	Sharing Semi nudes and the law SH - T2, RSE - T3	Online gaming & gambling SH - T2	Peace, war and conflict CIT	What are Human Rights BV, CIT
	Lesson 2	Interview Techniques FE	Screen time SH - T2	Online pornography (myths v reality) SH - T2, RSE - T3	Modern day slavery CIT	Rights and equality CIT	British Values and identity BV, CIT
	Lesson 3	Virtual Work Experience GB	Emotional Health illnesses SH - T1	Pornography and its impact on society RSE - T6	Keeping data safe SH - T2, RSE - T3	Fair trade and Free Trade BV	Critical Thinking & fake news BV, CIT
	Lesson 4		<i>Promoting Emotional Wellbeing</i> SH - T1				

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	Unit Title	Your Future and Beyond	Adult Health and Looking after yourself	Staying Safe	Sexual Health		
	Lesson 1	Further and Higher Education FE	Testicular & Prostate Cancer and Cervical, breast & Ovarian Cancer SH - T6	Virtual Reality and live streaming SH - T2	Respect, love and relationships RSE - T6		
	Lesson 2	Writing a Personal Statement GB	Teenage pregnancy choices and Abortion (morals, laws & thoughts) RSE - T6	Online reputation & digital footprints SH - T2	Fertility and what impacts it RSE - T6		
	Lesson 3	Apprenticeships & UCAS FE	Parenthood, Love & Abuse are not the same thing RSE - T6	New Psychoactive substances SH - T5	Revisiting STI's SH - T8		
Lesson 4	Resilience	Bonus: Organ & Blood donation	<i>Festivals & Nitrous Oxide</i> SH - T5	<i>Revisiting Contraception</i> RSE - T6			